vlcl pwcs? xujru? use;rm-Xmaeoprm atmijria&;aomcsu aq;0g;Ei trwi; ux;rsm; - 1

Safe, Smart and Healthy – Keys to Success in Your New Home
Medications and Home Remedies - 1

BURMESE

a':v [m uepqie aq;qiu 0, vmwaq;awu o;wtcgrm tlr*½puygw,/ 'aq;awu q&m0e wpa,mu& aq;pm rygb0, ,Eiwmalumi "over te counter" (aq;pmryg b 0,Eiwaq;) vac:ygw,/ oivwaq;trnu ro&i? ar;p&m½&i aq;a&mi;ouar;yg/ o[m aq;pmrygb 0,Eiwaq;tygt0i aq;aweywouv tx;oiwe;wuxm;wojzpygw,/	Mrs. Li is always careful when she uses medicines she purchased at the grocery store or drug store. These are called "over the counter" medicines because you can buy them without needing a doctor's prescription. If you don't know the name of the medicine you need or have any questions, ask the pharmacist. This is a person with special training about medicines—including medicines that don't require a prescription.
o[m ñelum;csuawu aoaocsmcsm zwav½ly; aq;u &n½, xm;wtwi;yo;ygw,/ñelum;csurmygwmxu y raomuyge/ 'vaomuv jrejreaeaumi;om;aprm r[wygb;/ uav;awu aq;wuw ñelum;csuawu aoaocsmcsm zwyg/ wcgwcg uav;aw[m aq;yrmPen;en;yvr,? v;0rwwaq;wprsl;vr,? 'grr[w aq;v;0 raomuoiygb;/ uepqiu 0,vmwaq;awu aomuly; rouom&i q&m0euom;jyyg/	She always reads the directions carefully and only uses them for their intended purpose. Do not take more medicine than is indicated in the instructions—it will not make you feel better any faster. Be careful to read the instructions about giving medicines to children. Sometimes, they need smaller amounts, a completely different version of the medicine, or shouldn't take it at all. If you don't get better after taking medicines you purchase at the store, go see a doctor.

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