

Make a plan and practice it

By preparing for emergencies, individuals, families and businesses can minimize property loss and injury and make the recovery process easier.

Escape routes - Draw a floor plan of your home or business and mark two escape routes from each room.



Meeting place - Select a predetermined meeting place away from your home or business; include pets in these plans.

Emergency communication

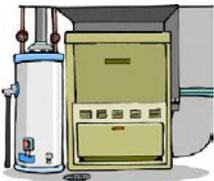
- Your family or employees may not be together when disaster strikes, so plan how you will contact one another. Choose someone out-of-town who can relay information. Make sure every person has all contact names, numbers and e-mail addresses.



Insurance and vital records - Obtain or update property, health and life insurance. Review existing policies to be sure you have sufficient coverage to meet your needs.



Special needs - If you or someone close to you has a disability or a special need, create a network of neighbors, relatives, friends and co-workers that can provide aid in an emergency.



Check and update annually - Perform needed maintenance on your furnace, water heater, sump pump and air conditioning system each year.

Review your emergency plan to make sure your contact list and escape routes are up-to-date. Check your emergency preparedness kit to make sure items are still in good shape.

Personal Contact Information

For emergencies, call 9-1-1.

Your Information

Address: (Home or Business)

Physical Street Address _____ City _____ State _____

Zip Code _____

Phone number: (Home or Business) _____

Cell phone: _____

Doctor: (name and phone #) _____

Pharmacy: _____

Prescription Medications: _____

Allergies: _____

Emergency Contacts

(names and phone numbers)

Relative: _____

Friend: _____

Neighbor: _____

Ambulance: 9-1-1

Veterinarian: _____

Poison Control (or 800-222-1222): _____

Hospital/Clinic: _____

Local public health: _____

Electrical company: _____

Gas/fuel oil: _____

Phone company: _____

Water/sewer: _____

Garbage: _____

Fire Department and Law Enforcement: 9-1-1



Public Health
Prevent, Promote, Protect
Fargo Cass Public Health

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