

**ድሕነት ብልጽግና ጥሂናኹምን መፍትሕ ምሂባለኹም ኣብ ኣድሻ ገዛኹም  
ምሕካምን ናይ ባህላዊ መድሃኒታትን - 5**

**Safe, Smart and Healthy – Keys to Success in Your New Home  
Medications and Home Remedies - 5  
TIGRINYA**

<p>ወ/ሮ ሊ፣ ንላ ኣብ ግዜ ትምህርቲ ከይተረፈ ነቲ ናይ ፊውሲ ረኽቢ መድሃኒት ክትወስድ ትገብር እያ። ናብ ቤት ትምህርቲ ደዊላ ምስ ናይ ቤት ትምህርቲ ኣለይቲ ሕሙማት (ነርስ) ትዘራረብ።</p>	<p>Mrs. Li needs her daughter to keep taking her antibiotics during the day while she is at school. She calls the school to talk to the <b>school nurse</b>.</p>
<p>እንተድኣ ውላድካ ኣብ ቤት ትምህርቲ መድሃኒት ክወስድ ዘድልዮ ኮይኑ፣ ምስ ናይ ቤት ትምህርቲ ነርስ ክትዘራረብ ከድልዮካ እዩ። እንተድኣ ናይ ምዘርራብ እንግሊዘኛ ሓገዝ እንተኣድልዮካ፣ እቲ ቤት ትምህርቲ ኣስተርጓሚ ምስ ነርስ ብቐጥታ ክትገብር ከዳልወልካ እዩ። ነርስ ዘይትፈልገዎ ምዃን መድሃኒት ውላድካ ናብ ቤት ትምህርቲ ሓዘ ኪኸይድ የብሉን።</p>	<p>If your child needs to take medicine to school, you must contact the school nurse. If you are not comfortable speaking English, the school will provide an <i>interpreter</i> for you, so that you can talk directly with the nurse.</p> <p>Your child should never take <i>any</i> medicine to school that the nurse does not know about.</p>
<p>ወ/ሮ ሊ መጠን መድሃኒት ንላ ብልኽዕ ክትህባ ጥንቅቅቲ እያ። ምክንያቱ ቆልዑ ብዓቕን ካብ ዓበይቲ ሰለዝንእሱ፣ ብኣፈሽኡ ዝውሰድ መድሃኒት የድልዮም።</p> <p>ንደቅኻ እትህበም መድሃኒት ብጥንቃቄ ኪውሰዱ መምርሒ ተኸተል። ንቆልዑን ንሕጻናትን ከመይ ጌርካ መድሃኒት ከም ትህበም ከተርእዮካ ንነርስ ተወከስ።</p>	<p>Mrs. Li is careful to measure out the correct dosage for her daughter’s medicine. Because children are smaller in size than adults, they usually need less of the same medicine.</p> <p>Follow the instructions for giving medicine to your children very carefully. Ask the nurse to show you how to give medicine to very small children and babies.</p>

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